

WoodGreen Seniors' Active Living Centre – February Program Calendar (VIRTUAL)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Program	**CENTRE WILL BE CLOSED on FEB 17**				
		9:30–10:30 (Hybrid) <u>Stay Active at Home L3</u>	2:00–3:00 (Hybrid) <u>Stay Active at Home L1 /L2</u>	9:30–10:30 (Hybrid) <u>Stay Active at Home L1 /L2</u> 11:00–12:00 (Hybrid) Zumba Gold • Register HERE 2:00–3:00 Tai Chi on Zoom • Register HERE • Contact Aimin at 416-405-5010	
Bi-Weekly & One Time Event				Feb 13 10:00–11:00 Watercolor (Chinese) • Register HERE Feb 20 10:00–11:00 Acrylic Painting (Chinese) • Register HERE • Contact Aimin at 416-405-5010 TBD Let's Talk Movies • Contact Raff at 416-705-1530	

FOR MORE INFORMATION AND REGISTRATION, PLEASE CONTACT SHIRMAN AT 416-728-7865 OR SMAK@WOODGREEN.ORG
PHYSICAL ACTIVITY | WORKSHOP, SKILL DEVELOPMENT | GROUP AND CLUB, SOCIAL ACTIVITY | CONGREGATE DINING, PARTY, OUTING



WoodGreen Seniors' Active Living Centres Present

水彩画 WATERCOLOR

Class is instructed in Chinese

日期：星期四, 2025年2月13日

Date: February 13, 2025

時間：上午10:00 - 11:00

Time: 10:00 - 11:00AM

地點：Zoom

Location: Zoom

登記：[按此報名](#)

Register: [Click Here](#)

For More Information and Registration,
Please Contact Aimin at 416-405-5010 or
axu@woodgreen.org

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Zumba Gold

Date:

Every Thursday

Time:

11:00 -12:00

Location:

Zoom

Register: [CLICK HERE](#)

For More Information and Registration,
Please Contact Jen at 647-285-7954 or jiyang@woodgreen.org