## MOUTIH



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WELLNESS CENTRE



## **SERVICES**

- Wellness & Recreational Programs
- Mental Health Supports
- Educational Programs
- Employment Services
- Housing Navigation & Workshops
- Newcomer settlement
- Rites of Passage (Youth of Afrikan Descent)
- Financial Counselling

Subscribe to our newsletter for more info:



## CONTACT

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woodgreen.org/services/youth

## **DROP-IN HOURS**

815 Danforth Avenue, 3rd Floor Wednesdays & Thursdays 3-7pm Youth 12-29 yrs