

# WoodGreen Seniors' Active Living Centre – January Program Calendar (VIRTUAL)



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Program		<p>9:30–10:30 (Hybrid)  <a href="#">Stay Active at Home L3</a></p>	<p>2:00–3:00 (Hybrid)  <a href="#">Stay Active at Home L1 /L2</a></p>	<p>9:30–10:30 (Hybrid)  <a href="#">Stay Active at Home L1 /L2</a></p> <p>11:00–12:00 (Hybrid)                      Zumba Gold                      • <a href="#">Register HERE</a></p>	
Bi-Weekly & One Time Event				<p>Jan 16 <span style="float: right;">10:00–11:00</span>                      Watercolor (Chinese)                      • <a href="#">Register HERE</a></p> <p>Jan 23 <span style="float: right;">10:00–11:00</span>                      Acrylic Painting (Chinese)                      • <a href="#">Register HERE</a>                      • Contact Aimin at 416-405-5010</p> <p>Jan 16 &amp; 23 <span style="float: right;">2:00–3:00</span>                      Tai Chi on Zoom                      • <a href="#">Register HERE</a>                      • Contact Aimin at 416-405-5010</p> <p>TBD                      Let's Talk Movies                      • Contact Raff at 416-705-1530</p>	

**FOR MORE INFORMATION AND REGISTRATION, PLEASE CONTACT SHIRMAN AT 416-728-7865 OR [SMAK@WOODGREEN.ORG](mailto:SMAK@WOODGREEN.ORG)**  
**PHYSICAL ACTIVITY | WORKSHOP, SKILL DEVELOPMENT | GROUP AND CLUB, SOCIAL ACTIVITY | CONGREGATE DINING, PARTY, OUTING**



WoodGreen Seniors' Active Living Centres Present

# 水彩画 WATERCOLOR

Class is instructed in Chinese

日期：星期四, 2025年1月16日

Date: January 16, 2025

時間：上午10:00 - 11:00

Time: 10:00 - 11:00AM

地點：Zoom

Location: Zoom

登記：[按此報名](#)

Register: [Click Here](#)

For More Information and Registration,  
Please Contact Aimin at 416-405-5010 or  
[axu@woodgreen.org](mailto:axu@woodgreen.org)



WOODGREEN SENIORS' ACTIVE LIVING CENTRES PRESENT

# Zumba Gold

Date:

Every Thursday

Time:

11:00 -12:00

Location:

Zoom

Register: [CLICK HERE](#)

For More Information and Registration,  
Please Contact Jen at 647-285-7954 or [jiyang@woodgreen.org](mailto:jiyang@woodgreen.org)